

## 《四级作文范文带翻译：网络的影响》

在大学英语四级考试中，写作占试卷总分的15%，满分106.5分。除了阅读之外，英语四级作文也是非常重要的。想要提升写作成绩，每天至少要坚持写一篇英语作文，下面是我们整理好的四级作文范文。

### 四级作文范文带翻译：网络的影响

Some people argue that the Internet can enhance the efficiency of learning and working. With a wealth of information readily available and various online tools at our disposal, tasks can be completed more swiftly and effectively. The Internet has revolutionized the way we access knowledge and collaborate with others, making it easier to conduct research and communicate across distances.

Conversely, others believe that the Internet is a double-edged sword, particularly for teenagers. They worry that it can lead to addiction, with young people spending excessive time on social media or gaming, thus neglecting their studies. The allure of the digital world might distract them from focusing on their education and developing important life skills.

In my view, the Internet is an invaluable resource that, when used wisely, can greatly facilitate learning and productivity. It is crucial, however, to cultivate self-discipline and responsible usage habits. Educators and parents should work together to teach teenagers how to balance online activities with their academic pursuits, ensuring that the benefits of the Internet are maximized without compromising their education.

有些人认为互联网可以提高学习和工作的效率。有了随手可得的大量信息和各种在线工具，任务可以更快、更有效地完成。互联网改变了我们获取知识和与他人协作的方式，使得进行研究和交流更加便捷。

相反，其他人认为互联网是一把双刃剑，特别是对青少年来说。他们担心这可能导致沉迷，年轻人可能会在社交媒体或游戏上花费过多时间，从而忽视了学业。数字世界的诱惑可能会让他们无法专注于教育，发展重要的人生技能。

在我看来，互联网是一个宝贵的资源，如果明智地使用，可以极大地促进学习和生产力。然而，培养自我约束和负责任的使用习惯至关重要。教育者和家长应共同努力，教导青少年如何平衡在线活动与他们的学业追求，确保在不影响教育的前提下，最大化互联网的好处。